

Sleeping Respiration Rate Monitor

Pet name _____

Surname _____

Month _____

Breaths Per Minute

Day of Month	1	2	3	4	5	6	7
	8	9	10	11	12	13	14
	15	16	17	18	19	20	21
	22	23	24	25	26	27	28
	29	30	31				

Remember:

- One breath = One intake and exhalation of air
- Watch for the chest of your pet to rise once and fall once to count one breath
- When measuring, your pet should be asleep in a cool place and not dreaming
- Do not touch or otherwise disturb your pet while counting
- If respiration rate is >30 breaths per minute, contact your vet for an appointment
- Always bring this card with you to your vet visit



This card kindly provided by:
Southern Animal Referral Centre
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